

NORTHERN ILLINOIS TRAINING ADVISORY BOARD

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PERFORMANCE PISTOL

Date: October 16, 2026 **Registration Deadline: September 16, 2026**

Times: 0800-1600 hours

Location: Cunningham Quarry
5850 Cunningham Road
Rockford, Illinois

Instructor: Jared Smith & Tim Coomer – DMEC

Member Fee: \$0 Non-Member & Member Non-Sworn Fee: \$150

This course has been approved by ILETSB for the following mandates:

Emergency medical response training and certification - .50

De-escalation Techniques – 6.0/Scenario Based Hours – 6.0

Officer safety techniques, including cover, concealment, and time - .50/Scenario Based Hours - .50

PURPOSE OF COURSE: This class is intended and driven for continuing education for firearms instructors, SWAT/ERT Team Members, and other serious shooters who already possess safe gun handling skills and can maintain firearms safety while shooting at high levels.

COURSE DESCRIPTION: Performance Pistol for Law Enforcement is designed to drive your shooting skills to a high level of mastery for 21st Century American Law Enforcement. Focused on performance on demand shooting, excellent gun handling, and rapid yet precise shooting, this class is crafted for shooters who aspire to achieve exceptional proficiency and accuracy in dynamic environments. The focus of the day will be the balance of accuracy and speed.

COURSE GOALS: The goals of this course are as follows:

- Introduction to Advanced Shooting Techniques
- Performance on Demand Drills
- Gun Handling Mastery
- Speed and Accuracy Drills
- Dynamic Shooting Scenarios
- Target Transitioning

COURSE PREREQUISITES: Students should be certified basic firearms instructors, SWAT/ERT team members, or department personnel who possess excellent gun handling skills and can maintain firearms safety. The instructor reserves the right to ask for previous certificates of classes to vet student qualifications.

METHODS OF EVALUATION: Assessing student performance through regular drills

METHODS OF INSTRUCTION: This course is conducted using the following methods of instruction:

- Dry fire
- Live fire
- Demonstration

COURSE REFERENCES/BIBLIOGRAPHY:

1. Scott Jedlinski - Modern Samurai Project
2. Kyle Defoor - Defoor Performance Shooting
3. Donovan Moore - Point One Tactics
4. Chuck Pressburg- Press check Consulting

COURSE REQUIREMENTS/GRADING POLICY: N/A

RECOMMENDED INSTRUCTIONAL AIDS: Range gear. Emergency medical aid gear. Lesson plan will be written on a spare target as a visual "white paper" for student learning.

ATTENDANCE POLICY: Student shall attend all 8 hours of training.

SAFETY PROTOCOLS: Prior to training commencing at the range, a thorough safety, medical, and mindset briefing will be conducted. A primary and secondary medical officer will be established, as well as a primary and secondary communications officer. The location of the IFAK kit will be known to all. An extensive safety briefing will be conducted to establish a plan, establish a mindset, define what is and is not acceptable, as well as to limit department liability

1. Always treat every gun as if they are loaded.
Get in the habit of performing a visual and physical of any gun you are handling or transferring/receiving from another.
2. Keep the muzzle pointed in a safe direction.
A safe direction is determined by your environment. A safe direction can be up, down, out, or down range, all dependent on the environment you find yourself in. For most in service training and qualifications, a safe direction is down or down range.
3. Know your target, what is beyond your target, the transitional space between, and your ability to hit your target.
4. Keep your finger off the trigger until you have made a conscious decision to press the trigger and shoot at what you are aiming at.

EQUIPMENT TO BRING TO THE TRAINING SITE:

- Eye and Electronic Ear Protection
- Duty pistol with appropriate holster.
- Minimum of 3 duty capacity magazines, however 5 is recommended
- 600 rounds of ammunition
- A sharpie to be carried on person
- Hydration, snacks, and sunscreen

Class is shot at an outdoor range and is a full day of shooting. Students are encouraged to bring a lunch and proper hydration for a day on the range.