

NORTHERN ILLINOIS TRAINING ADVISORY BOARD

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CRISIS INTERVENTION TEAM TRAINING

Date: November 17-21, 2025 **Registration Deadline: October 17, 2025**

Times: 0800-1600 hours

Location: Northern Illinois Training Advisory Board – Classroom A
527 Colman Center Drive
Rockford, IL

Instructor: Mark Benson, Program Coordinator
Various providers

Member Fee: \$0 Non-Member & Member Non-Sworn Fee: \$150

****** PREREQUISITE FROM THE TRAINING BOARD: Officers with less than 2 years on the street from date of hire will be denied entry to this class. NO EXCEPTIONS******

Law enforcement officers are generally the first responders to persons in crisis or experiencing symptoms of mental illness. The Crisis Intervention Team Training provides officers with education about mental illness, and provides skills and tools for effectively and safely interacting with someone who is experiencing a crisis.

Crisis Intervention Team Training is an in-depth law enforcement 40-hour state-certified specialized course. These officers will use their skill and knowledge of mental illness and substance abuse to effectively handle the crisis situations.

The key components of this course cover the following:

- Officers are exposed to the basic dynamics of common types of mental illness. This allows the officer to make quick decisions utilizing options they have to resolve the crisis.
- Officers are exposed to the experiences, viewpoints, and concerns of persons with mental illnesses (consumers) and their families.
- Officers receive instruction and demonstrations in listening and responding skills.
- The CIT model of intervention can be both a department-wide model, or an officer-specific career development designation.

Topics include, but are not limited to:

- Mental illness recognition.
- Substance abuse and dual diagnosis.
- Child and adolescent disorders.
- Psychotropic medications.
- Geriatric issues.
- Medical conditions that mimic mental illness.
- Autism and persons with disabilities.
- Law enforcement compliant surrender.
- Excited delirium.
- Risk assessment and crisis intervention skills.
- Symptoms of PTSD and the Police Response;

*****Officers MUST be in uniform at start of class on Thursday for scenario training. THIS IS MANDATORY*****

This course meets the requirement for PTSD training mandated by Public Act 097-1040 and the Illinois Law Enforcement Training and Standards Board.

“Enrollment in MTU#2 classes is limited to ON DUTY law enforcement/correctional officers or MTU#2 member agency employees”

This course has been certified by the ILETSB and approved to meet the following mandates:

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| ☒ .50 Civil Rights | ☒ .50 Constitutional & Proper Use of Law Enforcement Authority |
| ☒ 12.0 Crisis Intervention | ☐ Cultural Competency |
| ☐ Emergency Medical Response | ☒ 7.0 Human Rights |
| ☒ 2.0 Legal Updates | ☒ 2.0 Officer Wellness and Mental Health |
| ☒ 4.0 Procedural Justice | ☐ Psychology of Domestic Violence |
| ☐ Reporting of Child Abuse and Neglect | ☐ Sexual Assault Trauma Informed Response |
| ☐ Use of Force | ☒ 8.0 De-Escalation Techniques |
| ☐ High-Risk Traffic Stops | ☐ Law concerning stops, searches, and use of force |
| ☒ 4.0 Officer Safety Techniques | ☐ Firearms Restraining Order Act |

Specialized Training

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| ☒ 40.0 Crisis Intervention Team Training (CIT) | ☐ Lead Homicide Investigator |
| ☐ School Resource Officer | ☐ Sexual Assault Investigator Training |
| ☐ Epinephrine Autoinjector (Epi Pen) | ☐ Opioid Antagonist (NARCAN) |
| ☐ Drug Recognition Expert (DRE) | ☐ Advanced Roadside Impaired Driving Enforcement (ARIDE) |
| ☐ Active Threat Response | ☐ Officer & Youth Interaction |
| ☐ Juvenile Law | |

To receive a State Certificate / training credit for the above listed mandates, no more than 10% of the course hours can be missed.

SCENARIO-BASED HOURS APPROVED FOR THIS COURSE:

De-escalation Techniques – 4.0 Hours

Officer Safety, Including Cover, Concealment and Time – 3.0 Hours

Crisis Intervention – 7.0 Hours