

NORTHERN ILLINOIS TRAINING ADVISORY BOARD

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[www.nitab.org](http://www.nitab.org)

**PERFORMANCE PISTOL**

Date: July 7, 2025

Registration Deadline: June 7, 2025

Times: 0800-1600 hours

Location: Cunningham Quarry  
5850 Cunningham Road  
Rockford, Illinois

Instructor: Jared Smith & Tim Coomer – DMEC

Member Fee: \$0

Non-Member & Member Non-Sworn Fee: \$150

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**PURPOSE OF COURSE:** This class is intended and driven for continuing education for firearms instructors, SWAT/ERT Team Members, and other serious shooters who already possess safe gun handling skills and can maintain firearms safety while shooting at high levels.

**COURSE DESCRIPTION:** Performance Pistol for Law Enforcement is designed to drive your shooting skills to a high level of mastery for 21st Century American Law Enforcement. Focused on performance on demand shooting, excellent gun handling, and rapid yet precise shooting, this class is crafted for shooters who aspire to achieve exceptional proficiency and accuracy in dynamic environments. The focus of the day will be the balance of accuracy and speed.

**COURSE GOALS:** The goals of this course are as follows:

- Introduction to Advanced Shooting Techniques
- Performance on Demand Drills
- Gun Handling Mastery
- Speed and Accuracy Drills
- Dynamic Shooting Scenarios
- Target Transitioning

**COURSE PREREQUISITES:** Students should be certified basic firearms instructors, SWAT/ERT team members, or department personnel who possess excellent gun handling skills and can maintain firearms safety. The instructor reserves the right to ask for previous certificates of classes to vet student qualifications.

**METHODS OF EVALUATION:** Assessing student performance through regular drills

**METHODS OF INSTRUCTION:** This course is conducted using the following methods of instruction:

- Dry fire
- Live fire
- Demonstration

**COURSE REFERENCES/BIBLIOGRAPHY:**

1. Scott Jedlinski - Modern Samurai Project
2. Kyle Defoor - Defoor Performance Shooting
3. Donovan Moore - Point One Tactics
4. Chuck Pressburg- Press check Consulting

**COURSE REQUIREMENTS/GRADING POLICY:** N/A

**RECOMMENDED INSTRUCTIONAL AIDS:** Range gear. Emergency medical aid gear. Lesson plan will be written on a spare target as a visual "white paper" for student learning.

**ATTENDANCE POLICY:** Student shall attend all 8 hours of training.

**SAFETY PROTOCOLS:** Prior to training commencing at the range, a thorough safety, medical, and mindset briefing will be conducted. A primary and secondary medical officer will be established, as well as a primary and secondary communications officer. The location of the IFAK kit will be known to all. An extensive safety briefing will be conducted to establish a plan, establish a mindset, define what is and is not acceptable, as well as to limit department liability

1. Always treat every gun as if they are loaded. Get in the habit of performing a visual and physical of any gun you are handling or transferring/receiving from another.
2. Keep the muzzle pointed in a safe direction. A safe direction is determined by your environment. A safe direction can be up, down, out, or down range, all dependent on the environment you find yourself in. For most in service training and qualifications, a safe direction is down or down range.
3. Know your target, what is beyond your target, the transitional space between, and your ability to hit your target.
4. Keep your finger off the trigger until you have made a conscious decision to press the trigger and shoot at what you are aiming at.

## EQUIPMENT TO BRING TO THE TRAINING SITE:

- Eye and Electronic Ear Protection
- Duty pistol with appropriate holster.
- Minimum of 3 duty capacity magazines, however 5 is recommended
- 600 rounds of ammunition
- A sharpie to be carried on person
- Hydration, snacks, and sunscreen

Class is shot at an outdoor range and is a full day of shooting. Students are encouraged to bring a lunch and proper hydration for a day on the range.

### *This course has been certified by the ILETSB and approved to meet the following mandates:*

- |                                     |                                      |                                     |  |
|-------------------------------------|--------------------------------------|-------------------------------------|--|
| <input type="checkbox"/>            | Civil Rights                         | <input type="checkbox"/>            | Constitutional & Proper Use of Law Enforcement Authority |
| <input type="checkbox"/>            | Crisis Intervention                  | <input type="checkbox"/>            | Cultural Competency                                      |
| <input checked="" type="checkbox"/> | .50 Emergency Medical Response       | <input type="checkbox"/>            | Human Rights   |
| <input type="checkbox"/>            | Legal Updates                        | <input type="checkbox"/>            | Officer Wellness and Mental Health                       |
| <input type="checkbox"/>            | Procedural Justice                   | <input type="checkbox"/>            | Psychology of Domestic Violence                          |
| <input type="checkbox"/>            | Reporting of Child Abuse and Neglect | <input type="checkbox"/>            | Sexual Assault Trauma Informed Response                  |
| <input type="checkbox"/>            | Use of Force                         | <input checked="" type="checkbox"/> | 5.0 De-Escalation Techniques                             |
| <input type="checkbox"/>            | High-Risk Traffic Stops              | <input type="checkbox"/>            | Law concerning stops, searches, and use of force         |
| <input checked="" type="checkbox"/> | 1.0 Officer Safety Techniques        | <input type="checkbox"/>            | Firearms Restraining Order Act                           |

### Specialized Training

- |                          |   |                          |  |
|--------------------------|---|--------------------------|--|
| <input type="checkbox"/> | Crisis Intervention Team Training (CIT) | <input type="checkbox"/> | Lead Homicide Investigator                             |
| <input type="checkbox"/> | School Resource Officer                 | <input type="checkbox"/> | Sexual Assault Investigator Training                   |
| <input type="checkbox"/> | Epinephrine Autoinjector (Epi Pen)      | <input type="checkbox"/> | Opioid Antagonist (NARCAN)                             |
| <input type="checkbox"/> | Drug Recognition Expert (DRE)           | <input type="checkbox"/> | Advanced Roadside Impaired Driving Enforcement (ARIDE) |
| <input type="checkbox"/> | Active Threat Response                  | <input type="checkbox"/> | Officer & Youth Interaction                            |
| <input type="checkbox"/> | Juvenile Law                            |                          |  |

To receive a State Certificate / training credit for the above listed mandates, no more than 10% of the course hours can be missed.