

NORTHERN ILLINOIS TRAINING ADVISORY BOARD

Jeff Schelling , Executive Director

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www.nitab.org

BASIC SWAT CERTIFICATION COURSE

Date: April 15-21, 2023 (56 hours)

Registration Deadline: March 31, 2023

Times: 0800-1700 hours

Location: Shepherd Trail Facility
4801 Shepherd Trail
Rockford, Il.

Instructor: Brandon Dillard, Eric McLain, Ed King

Member Fee: \$0 Non-Member & Member Non-Sworn Fee: \$150

Objectives:

- Acknowledge and comprehend course guidelines, safety protocols and reporting procedures.
- Complete the listed physical agility test
- Acknowledge and comprehend constitutional considerations in police use of force.
- Understand wound dynamics, downed officer rescue and field treatment for self-aid and buddy care.
- Conduct pre-mission inspection of firearms and associated equipment.
- Safely handle firearms and conduct single officer maneuvers and team maneuvers with firearms.

Introduction

This course is 56 hours of physically and mentally intense curriculum designed to certify the end user as a basic SWAT team member. Graduates will be able to return to their teams with a basic knowledge of SWAT operations and will be able to function as a working member.

Class will be from 0800-1700 hours Sunday-Saturday with a one-hour lunch each day.

Safety

This course will consist of several “dry run” scenarios utilizing training pistols and rifles. No live firearms or ammunition will enter the training zone unless live fire is to be conducted.

Prior to each training session, instructors and students will conduct a inspection of each other to ensure there are no live weapons or ammo entering the training area.

Partial funding provided by Illinois Law Enforcement Training and Standards Board
This is not a Public Meeting.

In the instance a student is injured they should notify an instructor as soon as possible.

Physical Agility Test

This portion of the course will serve to test a candidate's physical condition and provide a baseline from which to improve. The physical agility test is not a determining factor in passing or failing this course.

- 1) Pull-Ups - While wearing their assigned ballistic vest an officer must pull themselves up with the chin crossing the plane of the bar while using a palm forward grip one time.
- 2) Push-Ups – Rockford Police Department Basic SWAT Certification Course while wearing their assigned ballistic vest an officer must complete 19 form appropriate push-up in 1 minute.
- 3) 100-yard dash – The candidate must run 100 yards in under 25 seconds. The candidates may wear work out attire.
- 4) Plank Core Strength – While wearing their assigned ballistic vest the candidate must hold firm in a plank position for 30 seconds.

Obstacle Course

6 traffic cones will be situated in a “zigzag” pattern, 5 yards between them in both directions. At the end of the cones is a 170 lb. dummy.

The candidate will sprint through the cones, weaving to the outside of each cone. When the candidate reaches the dummy, he/she will drag the dummy 10 yards.

The candidate will then weave back through the cones and conduct a chest to ground pushup at each cone.

The candidate will have 62 seconds to compete the obstacle.

The candidate may wear workout attire.

Participants will Receive instruction of the following areas:

Day 1:

- Introduction
- Physical Agility
- Use of Force
- Weapons Plow

Day 2:

- Breaching and Structure Entry
- Team Movement

Day 3:

- Tactical Firearms

Day 4:

- Vehicle Assaults
- Team Movement Resources

Day 5:

- Defensive and Control Tactics
- Tactical Medicine

Day 6:

- Mission Planning
- Threat Assessment
- Scenarios

Day 7:

- Scenarios

This course has been certified by the ILETSB and approved to meet the following mandates:

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| <input type="checkbox"/> Civil Rights | <input checked="" type="checkbox"/> 2.0 Constitutional & Proper Use of Law Enforcement Authority |
| <input type="checkbox"/> Crisis Intervention | <input type="checkbox"/> Cultural Competency |
| <input checked="" type="checkbox"/> 3.0 Emergency Medical Response | <input type="checkbox"/> Human Rights |
| <input type="checkbox"/> Legal Updates | <input type="checkbox"/> Officer Wellness and Mental Health |
| <input type="checkbox"/> Procedural Justice | <input type="checkbox"/> Psychology of Domestic Violence |
| <input type="checkbox"/> Reporting of Child Abuse and Neglect | <input type="checkbox"/> Sexual Assault Trauma Informed Response |
| <input type="checkbox"/> Use of Force | <input checked="" type="checkbox"/> 16.0 De-Escalation Techniques |
| <input checked="" type="checkbox"/> 4.0 High-Risk Traffic Stops | <input type="checkbox"/> Law concerning stops, searches, and use of force |
| <input checked="" type="checkbox"/> 12.0 Officer Safety Techniques | <input type="checkbox"/> Firearms Restraining Order Act |

Specialized Training

- | | |
|--|---|
| <input type="checkbox"/> Crisis Intervention Team Training (CIT) | <input type="checkbox"/> Lead Homicide Investigator |
| <input type="checkbox"/> School Resource Officer | <input type="checkbox"/> Sexual Assault Investigator Training |
| <input type="checkbox"/> Epinephrine Autoinjector (Epi Pen) | <input type="checkbox"/> Opioid Antagonist (NARCAN) |
| <input type="checkbox"/> Drug Recognition Expert (DRE) | <input type="checkbox"/> Advanced Roadside Impaired Driving Enforcement (ARIDE) |

To receive a State Certificate / training credit for the above listed mandates, no more than 10% of the course hours can be missed.